

INTENT:

The Programme of Study for personal, social, health and economic (PSHE) education has three strands;

- **Health & Wellbeing** (covering Healthy Lifestyles, Mental health, Ourselves Growing and Changing, Keeping Safe, Safety)
- **Relationships** (covering Families and close positive relationships, Friendships, Managing hurtful behaviour and bullying, Safe Relationships, Respecting Self and others)
- **Living in the Wider World** (covering Shared Responsibilities, Communities, Media Literacy and digital resilience, Economic well-being (Money), Economic wellbeing: Aspirations, work and career)



At Whitefield Infant School, we cover all three of these strands and although PSHE is taught as a discreet subject, there are many cross-curricular links across our wider curriculum. We aim to deliver a PSHE curriculum that prepares children to manage themselves and their emotions, helps them to develop positive relationships and prepares them to be a good citizen who contributes to their community and the wider world.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Personal, Social and Emotional Development In Nursery PSED Principles underpin daily classroom practice which ensures children develop the personal, social and emotional skills needed to be able to manage their own needs, express their feelings and build positive relationships.					
Reception	Relationships My family My key worker Developing new friendships at school	Living in the wider world Celebrations in my home, in my community and in the wider world	Health and well-being Being safe Online safety Friendships based on key text	Relationships Friendship between characters in stories How actions can affect others based on key text	Living in the wider world Caring for living things in their environment and in the wider world	Health and well-being Sustained concentration Aware of their likes and dislikes/ achievements and targets Prepare for Year 1
Year 1	Health and wellbeing Settling into new class Developing class rules Understanding of why we have rules	Relationships Build friendships Understand how behaviour and actions can affect others. Share opinions and listen to others	Living in a wider world Different roles and occupations in our community The importance of these roles	Living in a wider world Caring for our environment and our world Link to David Attenborough learning	Health and wellbeing Share how they are feeling Recognise different feelings Learn how to manage feelings Understand how others are feeling	Health and well-being Reflect on their year Reflect on personal achievements Prepare for Year 2
Year 2	Health and wellbeing Settling into new class Developing class rules Understanding of why we have rules and what would happen if we didn't	Relationships Use key text to understand the feelings of others and why they take certain actions Relate feelings and experiences to own lives	Relationships Use key text to understand how actions affect others Consider how families are different and compare to own	Living in the wider world Understand the needs of living things Consider their own role and responsibility in looking after their environment	Living in the wider world Being part of a community Understanding their role within their community Reflect on how they are unique	Health & wellbeing Reflect on their year Reflect on personal achievements Prepare for transition to the junior school