

You have reached Los Angeles!

Los Angeles will be hosting the Olympic and Paralympic Games in 2028.



Which country is Los Angeles in?

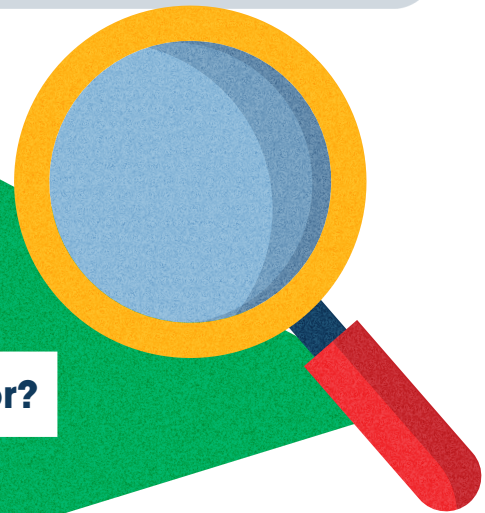
Which state is it in?

Your Los Angeles challenge is...

Lights, camera, action

Think it!

Los Angeles is called the City of Angels. It is home to Hollywood where many movies are made. Tourists visit to spot the famous actors who live and work there.



Do you know what these Americans are famous for?
Match each name to the correct action.

Neil Armstrong

Rosa Parks

Walt Disney

Helen Keller

Campaigned for
disabled
children to go
to school.

Walked on
the moon.

Refused to give
up a
bus seat
to a white
person.

Created
cartoon films.

Extra active

Write the actions on separate pieces of paper and hide them around the house. Each player picks a name. Who can find their matching action first?



Play it!

We can use actions to show what sportspeople do.

Practise your balance and control by making a Motion Picture.

- Choose a sportsperson you admire. What actions do they do in their sport, e.g., breaststroke for swimming, serving for tennis, kicking for taekwondo.
- First player mimes – acts out – the action.
- Next player copies the first action then adds their own.
- Next player copies the first two then adds their own... and so on.
- Can everyone mime the actions at the same time – in time and smoothly?

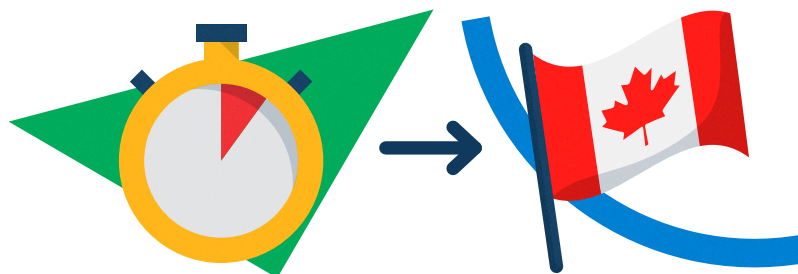
Equipment:

None

Mimic
sporting
actions



To practise your
balance, try some
**Skills Builder Get
Set to... balance
activities.**



Log your activity to get to
your next city – Montreal
getset.co.uk/app/log-activity