

You have reached Berlin!

German athletes have taken part in the Games as three different teams: West Germany, East Germany and Germany.



Which other German city has hosted the Games?

Which city is the capital of Germany?

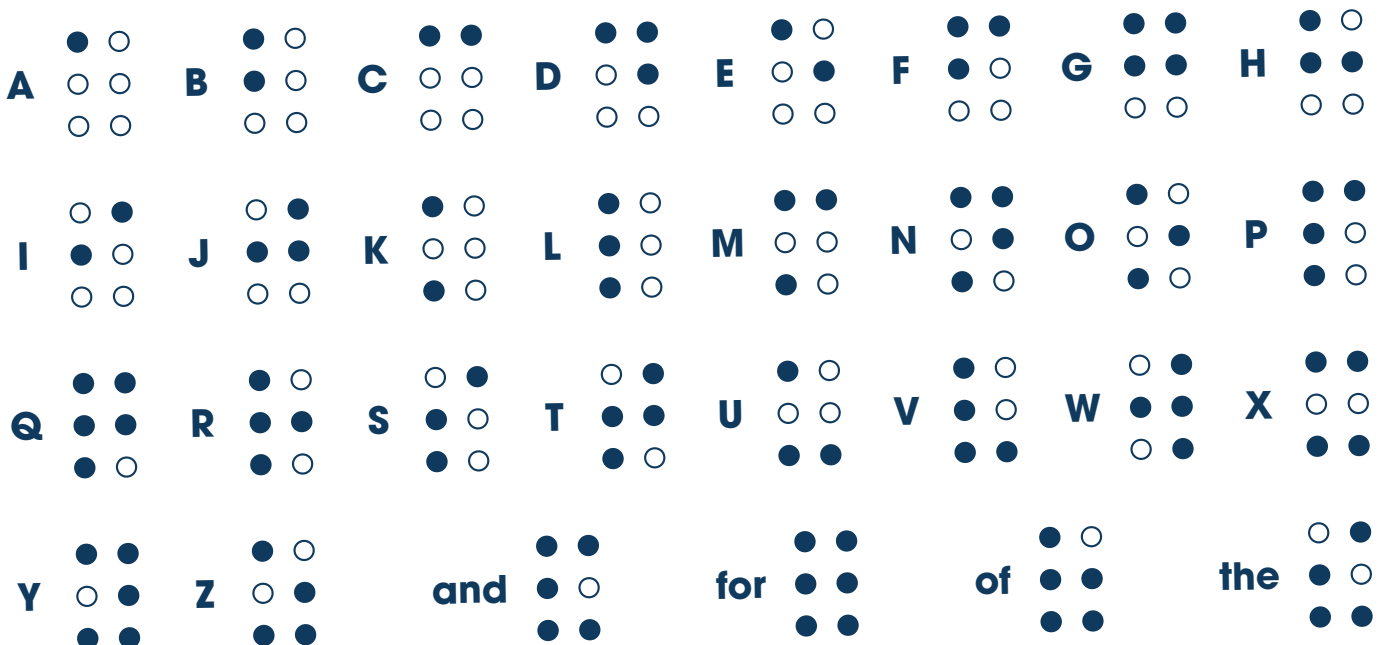
Your Berlin challenge is...

Ingenious inventor

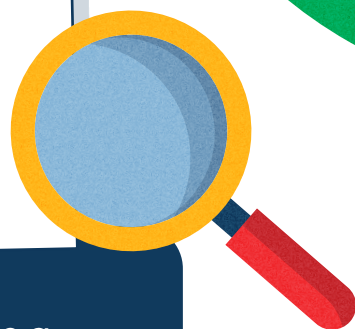
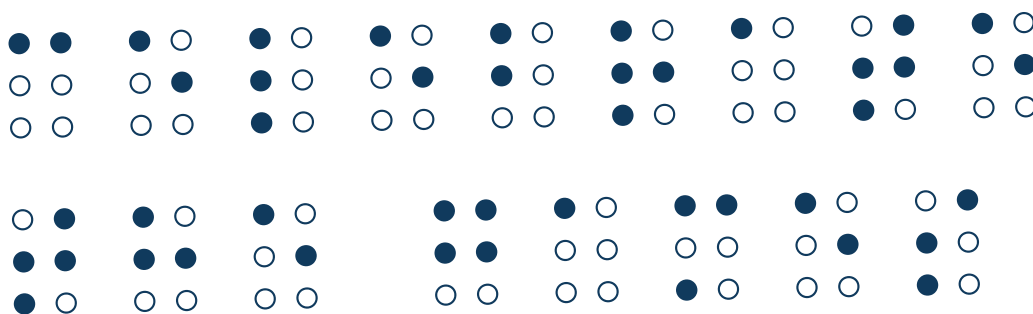
Think it!

Goalball is a Paralympic sport for visually impaired people. It was invented by a German and an Austrian. The braille typewriter – for visually impaired people – was also invented in Berlin.

The braille alphabet uses raised dots instead of letters.



Can you work out what this message means?



Extra active

Make an active alphabet, e.g., one hop = A, one jump = B etc.

Play it!

Being inventive – having new and different ideas – helps athletes to improve and succeed in sport. It is also essential in life.

Make your own game!

Make a 'Target Game' to practise being inventive.

- A target game is where you send an object so that it hits or lands in/on a target.
- Boccia, golf, shooting and archery are examples of Olympic or Paralympic target games.
- You can have as many throwing objects and targets as you like.
- You can throw, roll, kick, flick or blow your throwing objects.
- Your targets can be put on the ground, table or wall or be held by someone.

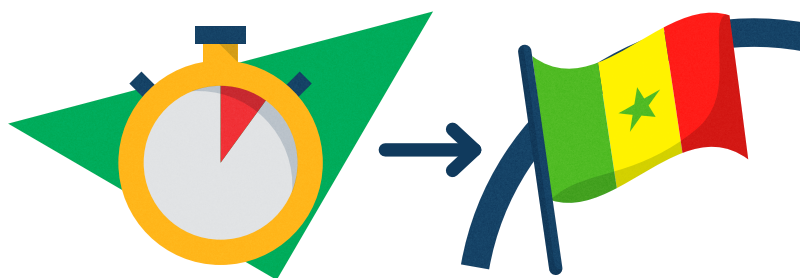
Equipment:

use everyday objects in different ways, e.g., rolled-up socks, pennies or a sponge = throwing objects; cushion, sheet of paper or plastic water bottle = targets.

Ask people to play your new game when it is ready. What do they think?



To practise your coordination, try some Skills Builder Get Set to... control activities.



Log your activity to get to your next city – Dakar

getset.co.uk/app/log-activity