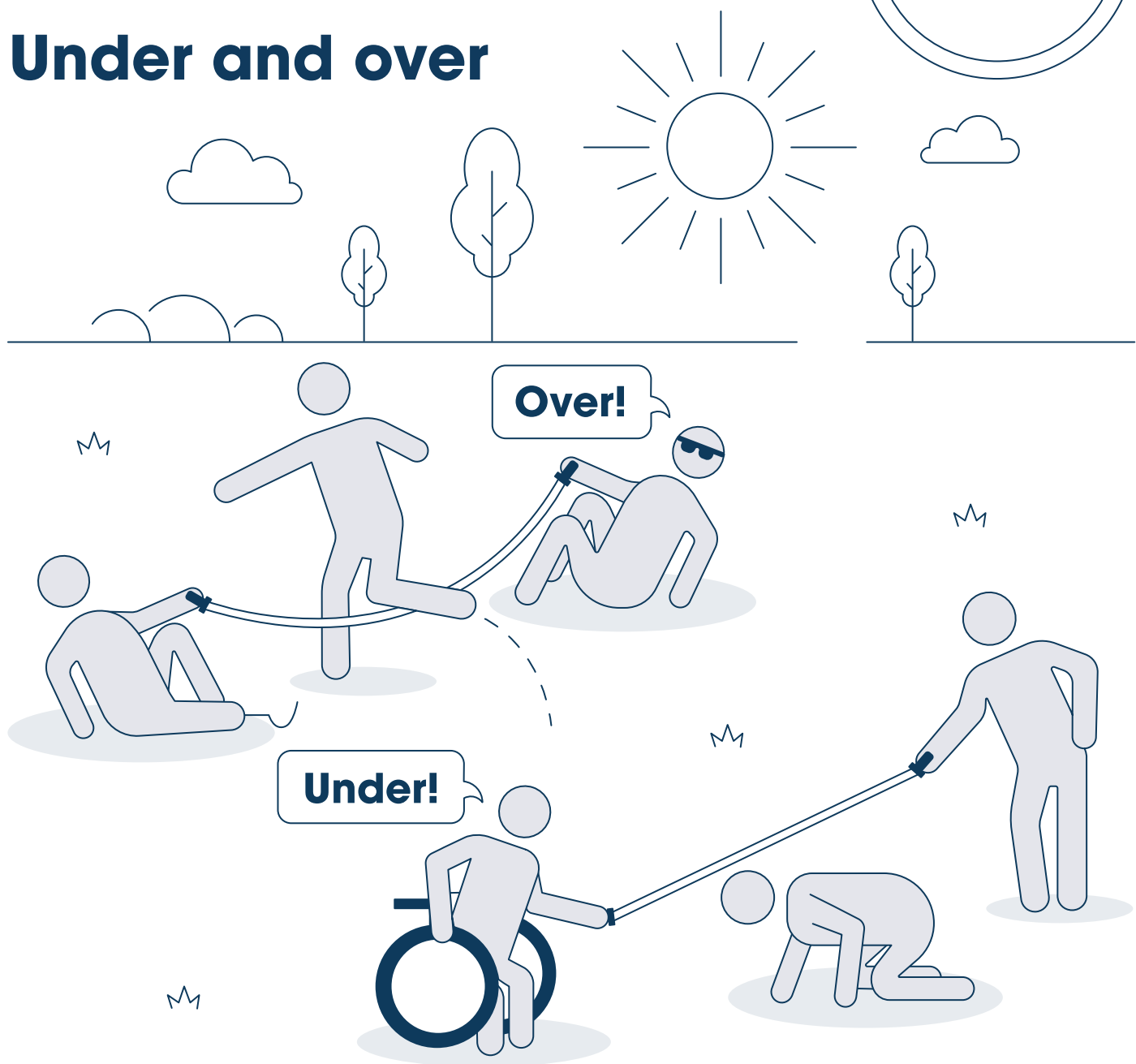


Under and over



Au-dessus et en dessous

Did you know?

The Paris RER is a fast train system that connects the city centre to the suburbs. It runs underground and overground.



Prépare-toi !

Get ready!

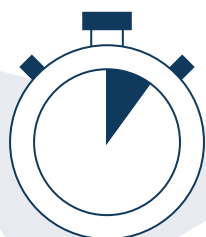
- Skipping rope.
- 2 rope holders – one at each end.



Joue !

Play!

1. Hold the rope at different heights.
2. Rope holders shout “under” or “over” as you travel towards the rope.
3. Go under or over the rope in any way you can.
4. Change the rope height and play again.



Change le jeu !

Change the game

- Walk, run, push, roll, crawl, slide, jump.
- Change the rope height for each player.
- Hold hands and travel as a group.

Build your skills
for this activity by
exploring **Get Set**
for... **Travel**

#PathToParis

For more activities: getset.co.uk/pathtoparis

