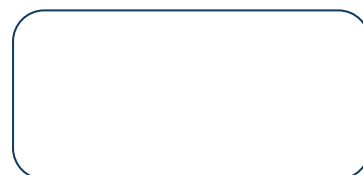
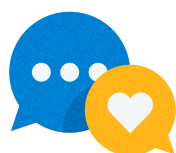




I want to be active to...



Make friends



Feel confident



Be Healthy

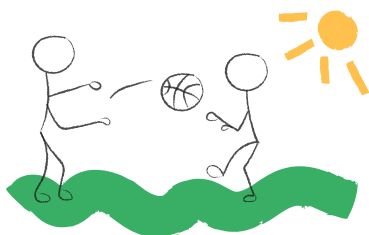


Write your own

To reach my goals, I will...

Step 1

I played Keep it up with Sam.



Step 2

We practised it again.



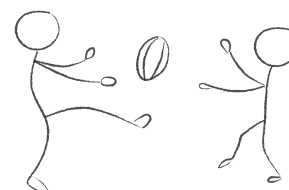
Step 4

We asked Leah to join in. We made up new rules



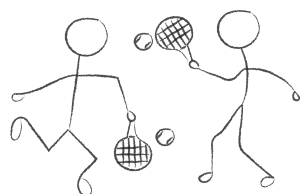
Step 3

We tried different ways to do it.



Step 5

We showed others how to play it at breaktime.



Step 6

We ran a Keep it up competition for everyone.



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Colour in
your magic
moments

