

Personal Development at Whitefield Infant School

Personal Development is at the heart of our school. It encourages, promotes, adopts and embeds a range of skills that allow children to be life-long learners and to be 'the best they can be'.

We support children to acquire the knowledge, understanding and skills they need to manage their lives, now and in the future.

The benefits to children of such an approach prepares them to manage many of the most critical opportunities, challenges and responsibilities they will face growing up. It also helps them to connect and apply the knowledge and understanding they learn in all subjects to practical, real-life situations while helping them to feel safe and secure enough to fulfil their academic potential.

Our PSHE curriculum and whole school values underpin our approach to our children's Personal Development, ensuring we are developing every child's social, spiritual, moral education, physical health and emotional wellbeing, and relationships education, whilst developing a fundamental understanding of British Values.

We try to provide multiple opportunities and experiences for all children and these are opportunities for all, that go beyond the curriculum and that encourage all children to discover new interests and talents.

Our School Values

Our school values (based on the elements of British Values) teach our children core life values. Each half term during our weekly assemblies, the children are introduced to different role models from around the world. They learn about their significance and how they have made a change in the world in which we live.

Visits

Throughout the school year, we are fortunate to have various visitors that come into school to help children have experiences from people with different talents, interests and knowledge. We have an artist and musician in residence that works with the children on a weekly basis.

Educational visits

We have planned a full enrichment calendar of visits to expose our children to the wider world around them. Educational visits are carefully planned around our topics to enhance our curriculum. Alongside this each year group has an 'experience' visit planned each year which they may not otherwise have the opportunity to experience. Regular local walks and visits in our town ensure children have an understanding of their responsibilities in our community.

Charitable events

The school supports a number of charitable events throughout the school year to encourage reflection of those who are in need and how we can support others. Our **School Council** help plan these events for the wider school

Partnership Work

We are part of the **SWAT Partnership** (schools working and achieving together) and **Building Bridges**, which both provide opportunities for our children to link with other local schools in the Burnley/Pendle area with different school communities. This provides children with an understanding and tolerance of different cultures and faiths.

Wellbeing Buddies

We have a group of Year 2 '**Wellbeing Buddies**' who have had training in order to support the wellbeing of all pupils in school.

Extra curricular activities

We offer activities that cover a range of interests over the course of the year. Some of these are planned to target groups of learners or needs across the school.

Parental links

We offer training to support children in their learning to parents. This has included phonics training, teaching your child to read, how to teach your child maths, internet safety. We also run daily parent classes through Lancashire Adult Learning to help our parents further develop their life skills.

Anti-Bullying

We promote an environment free from threat, harassment and any type of bullying behaviour. We will embrace the National Anti-Bullying week to highlight positive behaviour.

Equal opportunities

All our Personal development and enrichment activities are open to all children and our equal opportunities policy is inherent in ensuring all children have access to all experiences.

Feel-Good Friday

Every Friday we have a designated time across the whole school to discuss well-being. This has been planned and resourced with high quality stories to help our children understand big emotions. We also have a 'Calm Minds' club, which supports children weekly with their behaviour, emotions and well-being.

Nurture Room

We have developed a 'Nurture Room', which is a calm and quiet space that children can go to for interventions, therapy, counselling or to self-regulate.

Mental Health First Aiders and Senior Mental Health Lead (DfE)

Staff are trained to support our school community in Mental Health First Aid and our SENDCO is completing the Senior Mental Health Lead training this academic year.